



# Dumlao's Martial Arts Newsletter

Volume 1, Issue 4

June 1, 2008

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Kick-A-Thon June 2008

## St. Jude's Kick-A-Thon Fundraiser

On Friday, May 30, 2008, Dumlao's hosted our first St. Jude Kick-A-Thon Fundraiser. The Kick-A-Thon for St. Jude is a volunteer-based fundraising event for St. Jude Children's Research Hospital. These funds will help St. Jude fulfill its mission of finding cures and saving children. Some of our very own students kicked their way to raising funds for the pediatric cancer research center. We not only received donations per pledge, but we also received flat dollar amount donations as well. For each kick the participating students made, Instr. Roland donated money towards the cause. You can check out pictures from the Kick-A-Thon at [www.dumlaomartialarts.com](http://www.dumlaomartialarts.com)

Thank to all those who participated and made donations to this very important cause.

We will be turning in all of the donations next week. **You can still donate if you didn't get the chance to, no later than Friday, June 6, 2008.**

### Students KICK5:

- Mariah Schuchart - 1599
- Mario Schuchart - 1414
- Alex Anaya - 1367
- Jason Albini - 2054
- Emerald Yumang - 1451
- Jon Naraja - 1568
- Josh Naraja - 1740
- Roland Dumlao - 1413
- Nick Cassell - 1807
- Carlo Llorente - 1708
- Bo Hall - 1592
- Danny Anaya - 1666
- William Goike - 1076
- Sean Dumlao - A Lot
- Faith Dumlao - A Little

## Special points of interest:

- New Dojo Location - Pinole
- DMA Summer Camp 2008 - June 17 - Aug 22
- BASKA Tournament: Shark City - June 28, 2008
- Check out the DMA Website! [www.dumlaomartialarts.com](http://www.dumlaomartialarts.com)

## Pittsburgh Kumite Classic Tournament

### Highlights from "Kumite Classic Brings Surprises" on Sportmartialarts.com - Pittsburgh 5/23/08-5/24/08

On Friday night, a tall, lanky blonde haired kid approached us and asked if we remembered him. We looked him up and down but really couldn't place him although his face looked familiar. He then said "I'm Cass Sigmon" and the memories flooded back. Sigmon was a top NBL competitor who we last saw at the 2003 NBL Supergrands where he won a title in traditional forms.

Now, five years later he is back and much bigger with a focus on sparring - even though five years ago he did forms, weapons and sparring. Although Sigmon said he stopped training completely for 3 of the years he was out, he has certainly been back in the gym lately as he came out on top in the boys 16-17 point sparring division after defeating the talented **Jason Albini** from California.

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## Pittsburgh Kumite Classic Tournament, Cont.

The West Coast competitors did more than check out their competition, they ate it up in point sparring. **Sean Arceo**, Jason Holmes, **Jamal Albini**, Ortice Harper and David Coppock all won their sparring divisions, defeating the local talent. In team sparring, two West Coast teams made it to the stage; No Limits' Kyle Richards, Jason Holmes and Ortice Harper and Team Proper's **Sean Arceo**, **Sean Dumlao** and **Jamal Albini**.

### The Finals

The kids put on a nice show in the continuous sparring divisional finals on stage. During the daytime, **Sean Arceo** and James Davidson fought like wild beasts in the boys superheavy weight continuous sparring division and ended with Davidson coming out on top. In the finals, the competitors worked to put on similar shows in the ring.

The West Coast had a chance to completely clean up in the men's sparring championships and in men's team sparring. In team sparring, the West Coast fighters defeated all other teams in the eliminations leaving only California teams No Limit and Team Proper remaining. Kyle Richards and **Sean Arceo** fought first and Richards wracked up a nice 8-2 score for No Limit. Jason Holmes' lanky limbs put No Limit even further ahead with his 6-1 defeat of **Sean Dumlao**. It was all in the hands of **Jamal Albini** in the final round. **Albini**, fighting as an adult for the first time in a major tournament, found himself in a pressure cooker. Down by 8 points, **Albini** knew he had to get to work and opened by scoring 2 points on opponent Ortice Harper. Harper came right back with his own two points. **Albini** kept up

the pressure but Harper held on and kept **Albini** from running up the score. The final team score was 18-10 in favor of No Limit.

Joey Shiflett and **Junior Salientes** met once during the daytime eliminations in the 35 and over middleweight sparring division. They met again in the 35 and over men's point sparring grand championship on stage. Shiflett has some great kicks but **Salientes** was able to counter just about everything Shiflett threw.

**"The West Coast competitors did more than check out their competition, they ate it up in point sparring."**

**Salientes** managed 3 spectacular head kicks to solidify his 10-3 win over Shiflett and bring another title back to the west.

All eight men's 18-34 year old point sparring divisions were represented on stage in the finals. **Sean Arceo** had no trouble eliminating the flyweight Michael Holstein to move into the final four. Askia Allison and Jason Holmes spent quite a bit of time sizing each other up in their semi-finals round. Allison played his cards right and managed a 4-2 win. **Jamal Albini** did well in the daytime eliminations, winning his division in his debut as an adult. He faced Ortice Harper of Oregon on stage as his first challenge and repeated the exact

score between the two from their team sparring match-up (7-4 for **Albini**). CJ Corbin was still high from defeating Team Paul Mitchell's Travis Plowden during the daytime eliminations. Corbin faced Todd Humes and despite Corbin getting off the line first, Humes was able to score with quick counters that got him a lead that he kept, moving on with a 8-6 score.

Again, patience was the key for Allison in his next match against **Sean Arceo**. Each of Allison's techniques was carefully chosen and Allison was very difficult for **Arceo** to hit. A 3-1 score advanced Allison to the final round. Rookie **Albini** then faced Humes to see who would meet Allison in the championship round. **Albini** stayed strong and fought smart to win 5-3 and advance.

In the final fight, it was another measured round as Allison's patience controlled the fight. **Albini** managed to put himself into a 2-1 lead as time ticked away but Allison tied it up with nine seconds left in the match. The two exchanged blows again and each was given a point before time ran out. This forced a sudden victory overtime. when the center yelled 'go', Allison went high with a back fist while **Albini** countered with a kick but the kick was too slow as the judges gave the point to Allison to give Allison the victory for the evening.

Allison's win prevented a west coast sweep in the men's point sparring divisions. The returning and new faces at the 2008 Kumite Classic definitely set the stage for what looks like it will be an exciting Supergrands in December.

## DUMLAO'S 2008 SUMMER SPORTS CAMP (June 17 - Aug 22)

The ultimate goal of our Summer Karate Camp is to keep kids active, in-shape, and entertained during the lengthy summer vacation. We truly feel our Camp is the BEST camp around full of activity variety, inspiring and confidence building workouts, enjoyable field trips, a diverse selection of sports to participate in each week, and it's a camp that allows everybody to bond and make new friends.

We mix our Camp with strenuous and challenging outdoor workouts

and activities that will get them up to peak physical shape throughout the summer months. On the flip side, we also mix in cool games/activities and memorable field trips that will want them coming back for more!

**Space is Limited!** Reserve your spot today by calling Sean Dumlao at 510-307-6988 or email [qquickkick@aol.com](mailto:qquickkick@aol.com)



## More News For Summer Time

### Green T-Shirts & Women's Tank Tops For Sale!

We are still selling the "Kiwi Green" T-Shirts! See our office staff to place your order. Don't forget to put the quantity and sizes on your order form. Remember, you must pre-pay for your t-shirts ahead of time.



### You Can Wear T-Shirts To Class

Now that summer is here, you can wear your t-shirts to class. Be sure to always have your ghi top in your bag just in case Instr. Roland says to wear it that day!



### Attention Group 5 Members

For all **Blue Belts and above**. Summer time is the BEST time to obtain your teaching hours. See Instr. Roland for all the details.



## News For Next Month's Issue

### DMA is Moving!

We have found a new home for Dumlao's Martial Arts not too far from our current location. The new location is in Pinole on San Pablo Ave, where the Quality Thrift Shop is at now. Our projected move in date is September 1, 2008. If we are able to get in there earlier, we will slowly move out of Rodeo into Pinole to set it up. We could always use some help in moving so if you're available, please let us know. We will be having a meeting with the details of our move soon, so look out for the announcement. Thank you in advance!



### Dear Sensei

In next month's issue, we will have a new column called Dear Sensei. You can send/email us your questions about anything from "how to make it on the competition team" to "how to earn assistant instructor hours" to "when's the next video game night". So get those questions in and you will see the instructor's response in the next month's issue.



### Student Artwork

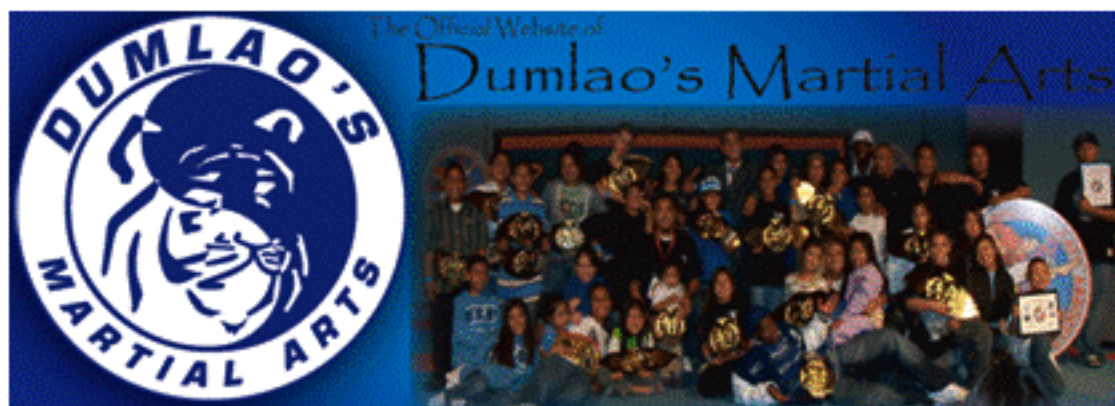
For all those aspiring artists, we will have a column specifically for you! Since Instr. Roland loves drawing, he would like to see his fellow artist's work as well. If you have any artwork you would like to submit to our newsletter to spruce it up, please turn it into Instr. Roland. Check it out in the next month's issue. We can't wait to see your artwork!





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*We're always sending updates via email ([dumlaokarate@aol.com](mailto:dumlaokarate@aol.com)) so send us your email address and look out for upcoming events, news and other useful information. You can also visit our website at [www.dumlaomartialarts.com](http://www.dumlaomartialarts.com).*

*"A Family That Trains Together,  
Stays Together"*

Check out our website  
[www.dumlaomartialarts.com](http://www.dumlaomartialarts.com)



# June 2008

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Group 4	3 Group 2	4	5	6	7
8	9 Group 5  No Cardio	10 Group 3  No Cardio	11  No Cardio	12  No Cardio	13  No Cardio	14
15	16 Group 4	17 Group 2  Summer Camp Begins	18	19	20	21
22	23 Group 5	24 Group 3  Stripe Testing	25  Stripe Testing	26  Stripe Testing	27  No Sparring	28 No Cardio BASKA - Shark City
29	30 Group 4					